

## Some Useful Numbers

### EMERGENCIES

In the event of a serious problem, such as chest pain or collapse, call 999 immediately.

### OUT-OF-HOURS COVER

Medical advice is always available for emergencies at night, weekends and all bank holidays.

If you require advice urgently, please call 01948 860205. The recorded message will give you the number to ring in order to contact the Out-of-Hours service.

### NHS DIRECT

Contact on 08454647 for non-urgent advice.



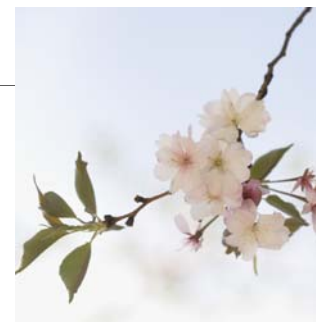
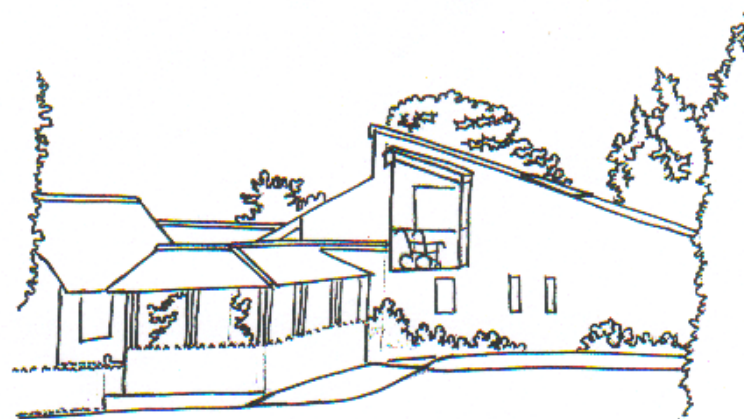
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## **COIL FITTINGS**

LAUREL BANK SURGERY  
MALPAS, CHESHIRE SY14 8PS



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## Coil Fittings

If you would like to have an IUCD (coil) fitted or replaced, you must first visit your doctor for a consultation.

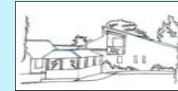
A specimen may be requested to check you do not have Chlamydia prior to fitting.

The Doctor will arrange an appointment with you.

### On the day of First Coil Fitting

If you are not currently using regular contraception, the coil must be fitted during a period.

If you are using regular contraception, continue taking /using it until after the fitting as directed by the Doctor at the time.



## Coil Fittings

1. Take Ibuprofen 400mg with breakfast that morning
2. Have a light snack mid-morning and take more Ibuprofen 400mg before attending surgery.
3. Arrange to have a quiet afternoon without children if possible.

### On the day of Replacement of Coil

If you are having a coil removed at the same time, you must abstain from sexual intercourse for 7 to 10 days prior to fitting in case the replacement will not go in.

Follow the points 1 to 3 above on the day of your replacement fitting.