⇒ If your condition does not improve or gets worse, please contact the surgery during opening hours on 01948 860205.
⇒ If you require information or advice which is non-urgent, you can telephone NHS Direct, a 24 hour advice line, on 0845 46 47.
⇒ **OUT-OF-HOURS COVER:** Medical advice is always available for emergencies at night, weekends and all bank holidays. If you require advice urgently, please call 01948 860205. The recorded message will give you the number to call for the GP Out of Hours Service.
⇒ **EMERGENCIES:** In the event of a serious problem, such as chest pain or collapse, call 999 immediately.
Burns Injury

This advice sheet has been devised to help you care for the burn injury. The aim is to heal your burn as quickly as possible (10-14 days) without it becoming infected.

♦ Keep the dressing as clean and dry as possible

♦ Watch for signs of infection and contact your GP or re-attend Accident and Emergency if the following symptoms occur: increasing pain and swelling, a red line running up your arm or leg, feeling unwell or high temperature

♦ Elevate any affected limb to reduce swelling and discomfort. Exercise this area frequently, especially if hands or fingers

♦ The burn will normally ooze fluid but it is soaks though the dressing, please return for change of dressing

Burns Injury

♦ Burns to hands or feet may be treated with an antiseptic cream in a plastic bag. This is to help stiffness. The skin may become white and soggy but this is normal and will settle quickly

♦ Take painkillers such as Paracetamol, codeine or ibuprofen regularly is required.

Your burn has been dressed and this dressing should remain undisturbed until your next attendance at hospital or GP surgery unless:

⇒ Fluid seeps through the dressing
⇒ It becomes accidentally wet
⇒ You experience increasing discomfort after initial improvement
⇒ You feel ill and/or develop a temperature.

In which case, you should return to the Accident Department earlier than requested or contact your GP.

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