

- ⇒ If your condition does not improve or gets worse, please contact the surgery during opening hours on 01948 860205.
- ⇒ If you require information or advice which is non-urgent, you can telephone NHS Direct, a 24 hour advice line, on 0845 46 47.
- ⇒ **OUT-OF-HOURS COVER:** Medical advice is always available for emergencies at night, weekends and all bank holidays. If you require advice urgently, please call 01948 860205. The recorded message will give you the number to call for the GP Out of Hours Service.
- ⇒ **EMERGENCIES:** In the event of a serious problem, such as chest pain or collapse, call 999 immediately.

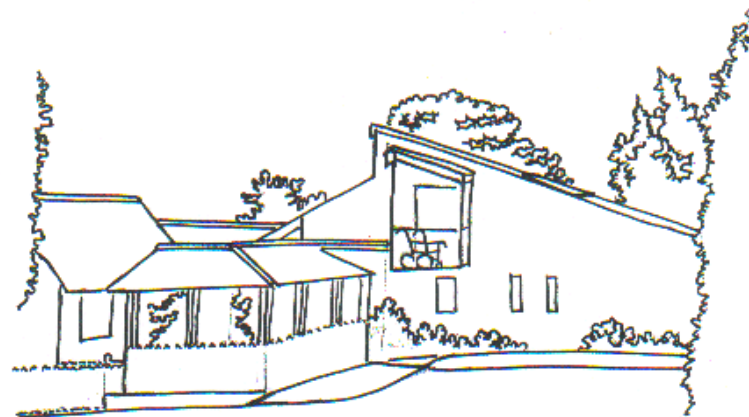


Laurel Bank Surgery
Malpas
Cheshire SY14 8PS



Phone: 01948 860205
Fax: 01948 860142

**AFTER-CARE ADVICE ON
BURNS INJURY**
LAUREL BANK SURGERY
MALPAS, CHESHIRE SY14 8PS



Tel: 01948 860205

Fax: 01948 860142



Burns Injury

This advice sheet has been devised to help you care for the burn injury. The aim is to heal your burn as quickly as possible (10-14 days) without it becoming infected.

- ◆ Keep the dressing as **clean and dry** as possible
- ◆ Watch for signs of **infection** and contact your GP or re-attend Accident and Emergency if the following symptoms occur: increasing pain and swelling, a red line running up your arm or leg, feeling unwell or high temperature
- ◆ **Elevate** any affected limb to reduce swelling and discomfort. **Exercise** this area frequently, especially if hands or fingers
- ◆ The burn will normally ooze fluid but it soaks through the dressing, please return for change of dressing



Burns Injury

- ◆ Burns to hands or feet may be treated with an antiseptic cream in a plastic bag. This is to help stiffness. The skin may become white and soggy but this is normal and will settle quickly
- ◆ Take **painkillers** such as Paracetamol, codeine or ibuprofen regularly is required.

Your burn has been dressed and this dressing should remain undisturbed until your next attendance at hospital or GP surgery unless:

- ⇒ Fluid seeps through the dressing
- ⇒ It becomes accidentally wet
- ⇒ You experience increasing discomfort after initial improvement
- ⇒ You feel ill and/or develop a temperature.

In which case, you should return to the Accident Department earlier than requested or contact your GP.